

## Round 1

Research shows that actually practicing a religion — not just saying you belong to one — is strongly connected to happiness and well-being. People who say they belong to a faith but do not regularly attend services or take part in activities (sometimes called nominal believers) often report the lowest levels of happiness and connection to others. Without the sense of community that comes from shared traditions and time together, many people look for meaning online or through politics. Experts say these do not replace real, face-to-face communities. Local faith leaders want to figure out how to reconnect with these members.

Imagine you are part of a Faith-Based Wellness Committee. Your job is to give advice to religious leaders in your area.

First, explain why some members have stopped actively participating in their faith communities.

Next, look at service projects or community programs that could help people feel connected and purposeful again.

Finally, create an **Active Engagement Plan** with three main recommendations to help leaders encourage inactive members to get involved in meaningful ways again.

## Round 2

Research shows that many moms earn less money after having their first child, and often their pay never fully goes back up. This usually happens because moms move into jobs that pay less but are easier to fit around family needs, like being able to adjust hours or handle emergencies. Even in places with good parental leave, moms often do more unpaid work at home, which makes the problem worse. Your company wants to find ways to keep skilled parents in high-paying jobs without punishing them for needing flexible schedules.

Imagine you work in the Human Resources Department at a big tech company. Your job is to come up with ideas to support parents and help them stay in their careers.

First, think about what parts of the workplace reward people for working long, rigid hours instead of focusing on actual results.

Next, look at the pros and cons of a **Flex-Equity model** — a system that keeps pay high while letting parents have flexible schedules.

Finally, create a **Parental Career Retention Plan** with 2–3 main ideas the company can use to make sure working parents are treated fairly and can keep their careers strong.

## Round 3

Across the country, people are arguing about how U.S. history is taught in schools, especially topics like slavery and the Confederacy. Some people think schools focus too much on the bad parts of the past. Others believe that leaving out these topics keeps students from fully understanding American history. Because of this, there is tension between parents, teachers, and community leaders. Your school district wants to find a fair way to teach difficult parts of history while keeping the community's trust.

Imagine you are part of your district's Curriculum Advisory Board. Your job is to give advice to teachers about how to teach sensitive history topics.

First, identify which history topics cause the most disagreement between parents and teachers.

Next, think about teaching methods that can explain these topics clearly and truthfully while also helping reduce conflict in the community.

Finally, write a **Shared Values Statement** and a short set of classroom guidelines to present to the School Board. These should help teachers teach these topics honestly and respectfully.